

NAME \_\_\_\_\_ ID# \_\_\_\_\_ DATE \_\_\_\_\_

**KINESIOLOGY  
Exercise Science Track**

2007-2008 Catalog Year (degree requirements remain in effect for 6 years)

**Area I: English and Communication Arts (10 cr)**  
 \* ENGL 111G (Freshman Composition) 4 \_\_\_\_\_  
 ENGL 218G or 318G 3 \_\_\_\_\_  
 COMM 253G or 265G 3 \_\_\_\_\_

**Area II: Mathematics (6 cr)**  
 \* MATH 121 3 \_\_\_\_\_  
 MATH 142G 3 \_\_\_\_\_

**Area III: Laboratory Sciences (8 cr)**  
 BIOL 111G/111L 4 \_\_\_\_\_  
 CHEM 111 or PHYS 211/211L 4 \_\_\_\_\_

**Area IV: Social/Behavioral Sciences (9 cr)**  
 ECON 201G, 251G or 252G  
 GEOG 112G or 120G  
 GOVT 100G, 110G, 150G or 160G 3 \_\_\_\_\_  
 SOC 101G or 201G 3 \_\_\_\_\_  
 ANTH 120G, 125G, 201G, 202G or 203G 3 \_\_\_\_\_  
 W S 201G or 202G  
 PSY 201G  
 (or any course listed under Social Analysis in the Undergraduate catalog))

**Area V: Humanities and Fine Arts (6 cr)**  
 HIST 101G, 102G, 201G, 202G 3 \_\_\_\_\_  
 211G, 212G or 221G

**ART 101G, ART 110G, ENGL 244G, MUS 101G**  
**MUS 201G or THTR 101G** 3 \_\_\_\_\_

**Viewing a Wider World (6 cr) (Must be from 2 different colleges, not ED)**  
 MGT 315G (F) 3 \_\_\_\_\_  
 \_\_\_\_\_ 3 \_\_\_\_\_  
 (Any course that includes a literature search to meet the Information Retrieval requirement)

**College of Education Requirements(6 cr)**  
 C EP 110G 3 \_\_\_\_\_  
 C S 110G or BCIS 110G 3 \_\_\_\_\_  
 (Verification of a working knowledge of Computer Systems may be substituted)

\* Need grade of C or better for these general education courses.

**Developmental Math and Developmental English courses are included on transcripts and will be calculated in the grade point average, but do not count towards total degree credit hours.**

**The College of Education requires a minimum cumulative GPA of 2.5 for graduation and a minimum grade of "C" in all kinesiology core and exercise science track requirements.**

*Courses in **BOLD** are guaranteed to transfer to other New Mexico colleges/universities as part of the statewide common core.*

**Kinesiology Core (45 credit hours)**

PE P	185	Intro and Foundations	3	___	___	___	_____
SP M	250	Sport Safety (S)	2	___	___	___	_____
PE P	208	Fitness for Health and Sport	3	___	___	___	_____
PE P	342	Motor Learning	3	___	___	___	_____
PE P	411	Stat. App. in Sport & Ex. Science (S)	3	___	___	___	_____
PE P	456	Adapted Physical Ed (F)	3	___	___	___	_____
SP M	271	Anatomy I + Lab	4	___	___	___	_____
SP M	309	Anatomical Kinesiology (F)	3	___	___	___	_____
SP M	305	Biomechanics	3	___	___	___	_____
SP M	308	Exercise Physiology I (F)	3	___	___	___	_____
MGT	315	Human Relations in Org. (F)	3	___	___	___	_____
SP M	445	Internship	12	___	___	___	_____

**Exercise Science Track (18 credit hours)**

SP M	330	Exercise Prescription (S)	3	___	___	___	_____
SP M	460	Principles of Strength & Cond. (F)	3	___	___	___	_____
SP M	451	Advanced Exercise Physiology (S)	3	___	___	___	_____
BIOL	354	Physiology of Humans + Lab* (S)	4	___	___	___	_____
SP M	339	Application of Strength & Cond. (F)	2	___	___	___	_____
HNFS	251	Human Nutrition	3	___	___	___	_____

\*Pre Physical Therapy students need **BIOL 211G/211L** as a prerequisite for BIOL 354, which is required for entry into the program. Please see PERD Department Head prior to signing up for this course.

**Electives** (17 credits required – must be approved by physical education department\*\*):

_____	3	___	___	___	_____
_____	3	___	___	___	_____
_____	3	___	___	___	_____
_____	3	___	___	___	_____
_____	3	___	___	___	_____
_____	2	___	___	___	_____

\*\*SP M 371 Anatomy II is highly recommended.

**Note 1:** Students completing requirements for this degree will be ultimately responsible to ensure that they have completed 48 upper division credits (300 and 400 level courses) and have completed a minimum of 128 total semester credits.

**Note 2:** Those students who are intending to pursue graduate work in Physical Therapy, Occupational Therapy, Medicine or Chiropractic Medicine need to consult with their advisor relative to the specific courses required for entry into their programs, particularly in the science area.

**Note 3:** Internship sites within the immediate Las Cruces vicinity are limited. Relocation to sites outside the Las Cruces area may be necessitated due to lack of site availability or due to individual specific interests and/or needs.

Information about Kinesiology, Physical Education as a teaching field, minor, or employment opportunities may be obtained at the Department of Physical Education, Recreation and Dance in the Activity Center 204, phone 646-2215.

**MINIMUM CREDITS FOR DEGREE** **128**  
**MINIMUM UPPER DIVISION REQUIRED (300+)** **48**